

What is an Eating Disorder?

Inform Yourself

It's Your Body!

Rosen Teen Health and
Wellness Database

www.teenhealthandwellness.com

Medical Complications

What's your
relationship
with food?

Myths
and
Facts

Diet Dangers

Diet Drugs and Weight Loss Products
Diet Fads—Your Weight and Your Body

Disorders

Anorexia Bulimia Binge Eating
Exercise Addiction Obesity

Recovery and Support Groups

Weight Issues

Athletes and Eating Disorders
Food and Your Family
Negative Body Image
Weight and Depression

How
Thin
is too
Thin?

RECOVERY IS POSSIBLE!